

# AED

(Automated External Defibrillator)

1

Turn on the AED.

2

Apply the AED pads.

Remove any clothing, jewellery, and medical patches that could interfere with pad placement.

If the chest is wet, dry the skin.

For a child or baby, use child or baby pads or ensure that the pads are 2.5 cm (1 in) apart. Place one on the front and one on the back if necessary.



3

Follow the AED's automated prompts.

If the AED prompts you to do so, ensure that no one is touching the person and deliver a shock.



4

Continue CPR, starting with chest compressions.



The information in this poster does not replace formal First Aid & CPR training.

Contact us to find a Red Cross First Aid course in your area and download our free First Aid app:

[myrc.redcross.ca](http://myrc.redcross.ca) | 1.877.356.3226 | [redcross.ca/apps](http://redcross.ca/apps)

